

## Private Lessons

eSWIM offers three different levels of private lessons:

**Beginner** – for those just starting out and with little to no swimming experience. **Stroke Correction** – for swimmers looking to improve technique. **Private Training** – for swimmers wanting a regular training session.

**BEGINNER LESSONS** – You're never too old to learn to swim! Start lessons now and enjoy the wonderful benefits of swimming. These lessons are suited to absolute beginners. Your lesson time is just for you to ensure you are able to relax and focus.

#### **Beginner Lesson Costs**

- 1 hour \$105
- <sup>3</sup>⁄<sub>4</sub> hour \$90
- ½ hour \$75
- 6 x 1 hour package \$590

As a guide, a beginner will need at least 6 x 1 hour lessons to learn the basic skills to swim independently.

**STROKE CORRECTION** – If you can already swim but need work on your technique to ensure you are swimming efficiently, then stroke correction lessons are the best option. Book a single lesson or a series of lessons and feel the change in your stroke.

#### **Stroke Correction Lesson Costs**

First lesson – \$130 – 1.25 hours Subsequent lessons: \$105 – 1 hour \$90 – ¾ hour \$75 – ½ hour

**Duo Stroke Correction** – for two swimmers of a similar standard. First lesson – \$175 – 1.25 hours Subsequent lessons – \$150 – 1 hour

**PRIVATE TRAINING** – Secure a weekly lesson time over the term and continue to build fitness and technique. A minimum of 6 lessons per term must be booked for Private Training Session Costs.

Solo Training - personalised attention: 1 hour - \$100 3⁄4 hour - \$85 1⁄2 hour - \$70

Duo training – two swimmers per session: 1 hour - \$140

#### PRIVATE LESSON CANCELLATION POLICY

eSWIM understands that life can sometimes get in the way of a swim and if you need to cancel, every effort will be made to reschedule your class for another time to suit. If you can provide at least 24 hours notice we will be able to reschedule your class with no cancellation fee. If you can't provide 24 hours notice and we can't fill your lesson with someone else then a \$40 cancellation fee will be charged. If you need to cancel your lesson on the day it is scheduled please **text** Elena on 0415 314082. Please do not call as the call may not be answered while lessons are on.

# **Group Classes**

Group classes can be attended on a casual basis. Each session runs for 1 hour and the classes are held on:

Mondays 10:30 - 11:30am

Thursdays 9:30 - 10:30am

First Saturday of the Month: 3:00 - 4:00pm (please check calendar for dates as Saturday classes are not held on Long Weekends)

A minimum level of skill is required to attend the group classes to ensure that all swimmers are comfortable in a squad environment. If you can swim 100m freestyle without stopping then come along to a group class. You can pay per class or purchase a 10 class pass.

#### **Group Class Cost**

\$16.00 per class \$140.00 for a 10 class pass (\$20 saving)

### **PAYMENT DETAILS**

All lesson and classes can either be paid for my direct transfer as per the bank details below or with cash at the lesson or class. Bank transfer details: Account Name eSWIM BSB 814 282 Account 50400218 (Please use your surname as your payment reference) Prices effective 1st April 2018. All prices inclusive of GST \*Please note that pool entry fees are not included in these prices and must be paid before entering the pool.

For any queries or for more information please contact Elena at elena@eswim.com.au